

Resident HCD Training: Exploring Their Community

Directly exposing residents to the communities they serve can be a useful resource for fostering a better understanding of their patient populations and the possible healthcare disparities (HCD) they may endure. This exposure can be conducted in the form of a scavenger hunt. Residents can take a short trip around their nearby community and try to locate specific amenities or services. Are there grocery stores with healthy options available? Are there more bodegas and fast food locations as opposed to clinics and gyms? How many forms of public transportation can bring patients to medical services? Such questions can really drive home the multi-faceted nature of HCD and help residents understand how barriers to healthcare and better health outcomes can form in manners that may not be directly within their patients' control. Other locations to search for could also include museums, libraries, parks, and movie theatres. By having a better understanding of the layout of a community, residents can enhance their connection to their patients and facilitate greater cultural competency and rapport with patients.

References

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